



MEDICAL CENTER CAFETERIA MENU

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOON ENTRÉE 	Cheese ravioli Country chix casserole	Shell Floretine in Spaghetti sauce Potato/tender bit Casserole	Chix-style ala king Stuffed veg. pepper	Sweet/sour skallops Vegetable lasagna	Spaghetti/w Vege- meat sauce Chix-style casserole	Enchilada casserole Vegesteak in mushroom gravy	Cottage cheese patty Vege Cutlet Parmesan
STARCH	Mashed Potatoes w/gravy Long grain/wild rice	Garlic bread Harvest rice blend Mashed Potatoes w/gravy	Steamed rice Scalloped potatoes	Steamed rice Parslied red potatoes	Garlic bread Spaghetti noodles Mashed Potatoes w/gravy	Spanish rice Parslied steamed potato	Garlic bread Spinach Fettuccine Mashed potato/gravy
VEGETABLES	Italian blend Parslied carrots	Green beans California blend	Scandinavian blend Beets w/lemon sauce	Broccoli florets Eggplant creole	Italian Blend Peas w/mushrooms	Capri Mix Corn	Peas & Carrots Italian green beans
DINNER ENTREE	Cheese ravioli Country chix casserole	Chix-style enchilada Swiss-style vegesteak	Manicotti Cottage cheese loaf	Vegetarian stroganoff Chili relleno casserole	Chix-style nuggets Spinach quiche	Breaded vege- skallops Baked ziti	Cottage cheese patty Vege Cutlet Parmesan
STARCH 	Mashed Potatoes w/gravy Long grain/wild rice	Chixstyle Rice Pilaf Mashed Potatoes w/gravy	Mashed Potatoes w/gravy Rice pilaf	Mashed Potatoes w/gravy Noodles	Long grain/wild rice Mashed Potatoes w/gravy	Mashed Potatoes w/gravy Harvest rice blend	Garlic bread Spinach Fettuccine Mashed potato/gravy
VEGETABLES	Italian blend Parslied carrots	Green beans California blend	Long green beans Peas	Mixed vegetables Baby carrots	Green Beans Corn Casserole	Winter mix Scandinavian blend	Peas & carrots Italian green beans
SOUPS	Split pea Vegetable	Chili bean noodle Minestrone	Corn chowder Seven Bean Medley	Potato cheese Roasted vegetable	Lentil Vege-chix w/rice	Navy bean Cream of Tomato	Broccoli cheese Port Mushroom
LEGUME	Cuban black beans	Spanish lentils	Black-eyed peas	Navy beans	Cuban black beans	Savory garbanzos	Pinto beans
SPECIALTY BAR	-----	Sandwich Bar	Haystack bar	Pasta bar	Indian bar	Burger/hot dog bar	-----
SNACK SHOP SPECIAL	-----	Veggie Chicken Breast Sandwich	Vege-tuna melt	Vege-bbq sandwich W/fries	Bread bowl w/ soup	Nachos supreme	-----
DAILY STANDARDS	Brown rice Baked potato	Brown rice Baked potato	Brown rice Baked potato	Brown rice Baked potato	Brown rice Baked potato	Brown rice Baked potato	Brown rice Baked potato



Our menu features Vegetarian Cuisine
January 2006

